



**Equality, Diversity  
and Inclusion Calendar**

**2025**

# January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Veganuary	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> Asarah B'Tevet	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b> Mahayana New Year	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Burns Night
<b>26</b>	<b>27</b> Holocaust Memorial Day	<b>28</b>	<b>29</b> Lunar New Year	<b>30</b>	<b>31</b>	

**Wednesday 1 January | Veganuary** is an annual challenge run by a UK non-profit organisation that promotes the vegan lifestyle, by encouraging people to follow a vegan diet for the month of January.

**Friday 10 January | Asarah B'Tevet** is a fast day in Judaism. It is observed on the 10th of Tevet and commemorates the siege of Jerusalem by Nebuchadnezzar II of Babylonia.

**Tuesday 14 January | Mahayana New Year**, also known as 'Vesak,' is a traditional Buddhist holiday that commemorates the birth, enlightenment, and passing of the Buddha.

**Saturday 25 January | Burns Night** is celebrated every year in honour of Scotland's national poet, Robert Burns, the Ayrshire poet and lyricist.

**Monday 27 January | Holocaust Memorial Day** remembers the six million Jews murdered by the Nazis and commemorates the millions more people murdered through the Nazis' persecution of other groups during World War Two.

**Wednesday 29 January | Lunar New Year** or Chinese New Year is the beginning of a new year based on lunar calendars or lunisolar calendars.



Lunar New Year

# February 2025

**Sunday**   **Monday**   **Tuesday**   **Wednesday**   **Thursday**   **Friday**   **Saturday**

						<b>1</b> LGBT+ History Month
<b>2</b>	<b>3</b>	<b>4</b> World Cancer Awareness Day	<b>5</b>	<b>6</b> <u>Time to Talk Day</u>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> Darwin Day	<b>13</b>	<b>14</b> Valentine's Day	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> Maha Shivratri	<b>27</b>	<b>28</b> Ramadan begins	

**Saturday 1 February | LGBT+ History Month** celebrates LGBT+ people in all their diversity, raises awareness and combats prejudice with education.

**Tuesday 4 February | World Cancer Awareness Day** raises awareness about cancer, encourages its prevention, and mobilises action to address the global cancer epidemic.

**Thursday 6 February | Time to Talk Day** is the UK's biggest annual mental health conversation. It's a day for friends, families, communities, and workplaces to come together to talk, listen, and change lives.

**Wednesday 12 February | Darwin Day** is a celebration to commemorate the birthday of Charles Darwin. The day is used to highlight Darwin's contributions to science and to promote science in general.

**Friday 14 February | Valentine's Day** is a special time in the year when people show their affection for another person or people by sending cards, flowers or chocolates with messages of love.

**Wednesday 26 February | Maha Shivratri** is a Hindu festival celebrated annually in honour of the deity Shiva.

**Friday 28 February | Ramadan begins** – Ramadan is the ninth month of the Islamic calendar, observed by Muslims worldwide as a month of fasting, prayer, reflection, and community.



Ramadan

# March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 Start of Lent	6	7	8 <u>International Women's Day</u>
9	10	11	12	13	14 Holi	15
16	17 <u>Neurodiversity Celebration Week</u>	18	19	20	21 The International Day for the Elimination of Racial Discrimination	22
23	24	25	26	27	28	29
30 Eid al-Fitr/ End of Ramadan	31 Transgender Day of Visibility					

**Wednesday 5 March | Start of Lent**, which is the period of six weeks (40 days not including Sundays) leading up to the Christian festival of Easter.

**Saturday 8 March | International Women's Day** is a global day celebrating the social, economic, cultural, and political achievements of women.

**Friday 14 March | Holi** is a Hindu festival that celebrates spring, love, and new life.

**Monday 17 March | Neurodiversity Celebration Week** is a worldwide initiative that challenges stereotypes and misconceptions about neurodevelopmental disorders and learning disabilities.

**Friday 21 March | The International Day for the Elimination of Racial Discrimination** was declared by the United Nations in 1966 to commemorate the Sharpeville Massacre in South Africa, where a group of protesters were killed while peacefully protesting Apartheid laws.

**Sunday 30 March | Eid al-Fitr/End of Ramadan** is a joyous celebration lasting three days, marking the end of Ramadan and involving communal prayer, parties, special foods, and visiting friends and family.

**Monday 31 March | Transgender Day of Visibility** is dedicated to celebrating transgender people, raising awareness of the discrimination they face worldwide and celebrating their contributions to society.



Holi

# April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
/		<b>1</b> <u>Stress Awareness Month</u> Autism Awareness Month	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> World Health Day	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> Passover
<b>13</b>	<b>14</b> Vaisakhi	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> Good Friday/ Easter Friday	<b>19</b>
<b>20</b> Easter Sunday	<b>21</b>	<b>22</b> <u>Stephen Lawrence Day</u>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	/		

**Tuesday 1 April | Stress Awareness Month** is an annual event dedicated to raising public awareness about stress, its causes, management, and impact on health.

**Monday 7 April | World Health Day** is celebrated to raise awareness of global health issues.

**Saturday 12 April | Passover**, also called Pesach, is a Jewish holiday and one of the Three Pilgrimage Festivals.

**Monday 14 April | Vaisakhi**, also called Baisakhi, is the festival which celebrates the founding of the Sikh community, the Khalsa.

**Friday 18 April | Good Friday/Easter Friday** is a Christian holy day observing the crucifixion of Jesus and his death at Calvary.

**Sunday 20 April | Easter Sunday** is a Christian festival and cultural holiday commemorating the resurrection of Jesus from the dead.

**Tuesday 22 April | Stephen Lawrence Day** commemorates the life of Stephen Lawrence, a Black British teenager who was murdered in a racist attack in 1993. It honours his memory and promotes racial equality.



Easter

# May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 <u>Deaf Awareness Week</u>	6	7	8	9	10
11	12 <u>Mental Health Awareness Week</u>	13	14	15	16	17 IDAHOBIT
18 <u>National Children's Day</u>	19 Learning at Work Week	20	21	22	23	24
25	26	27	28	29	30 Martyrdom day of Guru Arjan Dev Ji	31

**Monday 5 May | Deaf Awareness Week** increases public awareness about the issues affecting deaf people and Deaf culture as a whole.

**Monday 12 May | Mental Health Awareness Week** serves as a crucial reminder to prioritise mental well-being and support those navigating mental health challenges.

**Saturday 17 May | International Day Against Homophobia, Biphobia, Intersexphobia and Transphobia (IDAHOBIT)** is an annual celebration to commemorate the day in 1990 when the World Health Organisation removed homosexuality from its list of mental disorders. Its particular focus is on raising awareness of the discrimination and violence faced by LGBTQIA+ people.

**Sunday 18 May | National Children's Day** is about the importance of a healthy childhood, and protecting the rights, freedoms and flourishing of children and young people.

**Monday 19 May | Learning at Work Week** draws attention to the importance and benefit of learning and development in the workplace.

**Friday 30 May | Martyrdom Day of Guru Arjan Dev Ji** is the day to commemorate and celebrate the life of religious figure Guru Arjan Dev Ji who sacrificed his life for the Sikh people.



Deaf Awareness Week



# June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Pride Month Global Parents' Day	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b> Pentecost/ Whitsun	<b>9</b> <u>Carers Week</u> Men's Health Awareness Week	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> <u>World Humanist Day</u>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Al Hijri/Islamic New Year	<b>28</b>
<b>29</b>	<b>30</b>					

**Sunday 1 June | Pride Month** LGBTQIA+ Pride Month, is a month dedicated to the celebration of LGBTQIA+ pride, commemorating the contributions of lesbian, gay, bisexual, transgender and queer people, culture and community.

**Sunday 1 June | Global Parents' Day** was proclaimed by the United Nations to appreciate all parents across the world for their selfless commitment to children and their lifelong sacrifice towards nurturing this relationship.

**Sunday 8 June | Pentecost/Whitsun** is a Christian holiday which takes place on the 49th day after Easter Day.

**Monday 9 June | Carers Week** is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities.

**Monday 9 June | Men's Health Awareness Week** highlights the importance of addressing physical and mental health issues among men.

**Saturday 21 June | World Humanist Day** spreads awareness of Humanism as a philosophical life stance and means to effect change in the world.

**Friday 27 June | Al Hijri** marks the celebration of the Islamic New Year's Day.



Pride Month

# July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10 Dharma Day/ Asalha Puja	11	12
13	14	15	16	17	18 South Asian Heritage Month	19
20	21	22	23	24 Talk to us Samaritans Awareness Day	25	26
27	28	29	30	31		

**Thursday 10 July | Dharma Day** is a Buddhist holiday, celebrated annually on the full moon day of the eighth lunar month. This day marks the Buddha's first sermon.

**Friday 18 July | South Asian Heritage Month** is an annual awareness month that seeks to commemorate, mark, and celebrate South Asian cultures, histories, and communities.

**Thursday 24 July | Talk to Us Samaritans Awareness Day** On this date and throughout July, the Samaritans run the campaign Talk to Us, to remind people that they are here for anyone who needs someone to listen.



South Asian Heritage Month

# August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
/					1	2 Eisteddfod
3	4	5	6	7	8	9
10	11	12 International Youth Day	13 The Obon Festival	14	15	16 Krishna Janmashtami
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**Saturday 2 August | Eisteddfod** – in Welsh culture, an Eisteddfod is an institution and festival with several ranked competitions, including in poetry and music.

**Tuesday 12 August | International Youth Day** offers a chance to raise awareness of the need to ensure the engagement and participation of youth.

**Wednesday 13 August | The Obon Festival** is an annual Japanese holiday that commemorates and remembers ancestors.

**Saturday 16 August | Krishna Janmashtami** is a Hindu festival celebrating the birth of the god Krishna, an avatar of the god Vishnu, on the eighth day of the dark fortnight of the month of Bhadrapada.



International Youth Day

# September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10 <u>World Suicide Prevention Day</u>	11	12	13
14	15	16	17	18	19	20
21	22 National Eye Health Awareness Week Rosh Hashanah	23 Bi Visibility Day	24	25	26	27
28	29 National Inclusion Week	30				

**Wednesday 10 September | World Suicide Prevention Day** is a day dedicated to providing worldwide commitment and action to prevent suicide.

**Monday 22 September | National Eye Health Awareness Week** raises awareness about the importance of good eye care and encourages people to take action to protect their vision.

**Monday 22 September | Rosh Hashanah** is the New Year in Judaism.

**Tuesday 23 September | Bi Visibility Day** is dedicated to raising bisexual awareness and challenging bisexual erasure.

**Monday 29 September | National Inclusion Week** is dedicated to promoting and celebrating inclusion in the workplace and across communities.



Rosh Hashanah



# November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> Interfaith Week
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> Guy Fawkes Night	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b> Remembrance Day	<b>12</b>	<b>13</b> Transgender Awareness Week	<b>14</b> <u>Disability History Month</u>	<b>15</b>
<b>16</b>	<b>17</b> International Students' Day	<b>18</b> Pride in STEM Day	<b>19</b> International Men's Day	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b> International Day for the Elimination of Violence Against Women	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b>						

**Saturday 1 November | Interfaith Week** strengthens interfaith relations, increases awareness of the diversity and contribution of faith communities and fosters understanding.

**Wednesday 5 November | Guy Fawkes Night** marks the anniversary of the prevention of a plot to blow up the Houses of Parliament in 1605.

**Tuesday 11 November | Remembrance Day** is a memorial day that marks the end of the First World War to honour armed forces members who have died in the line of duty.

**Thursday 13 November | Transgender Awareness Week** – during this week people and organisations work to increase understanding about transgender people and the issues they face. As part of this, Transgender Day of Remembrance takes place on Thursday 20 November.

**Friday 14 November | Disability History Month** promotes understanding of disability issues and the history of disabled people's struggle for equality and human rights.

**Tuesday 18 November | Pride in STEM Day** celebrates and highlights the work of and barriers facing LGBTQIA+ people in science, technology, engineering, and maths.

**Wednesday 19 November | International Men's Day** is a global awareness day for many issues that men face, including abuse, homelessness, suicide and violence.

**Tuesday 25 November | International Day for the Elimination of Violence Against Women** highlights the escalation of violence against women and calls for revitalised commitments, accountability and action.



Disability History Month

# December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> World AIDS Day	<b>2</b>	<b>3</b> International Day of Persons with Disabilities	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b> Hannukah	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Christmas Day	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			

**1st December | World AIDS Day** brings together people from around the world to raise awareness about HIV/AIDS and demonstrate international solidarity in the face of the pandemic.

**3rd December | International Day of Persons with Disabilities** is a day to celebrate the achievements of Disabled people around the world as well as to promote the rights of people with disabilities.

**14th December | Hannukah** is a Jewish holiday that celebrates the miracle of the oil and the rededication of the Temple. It lasts for eight days and nights and involves lighting candles, eating fried foods, playing games, and giving gifts.

**25th December | Christmas Day** is a holy day for Christians, that marks the birth of Jesus, who Christians believe to be the Son of God.



Christmas Day