Make your own face mask

Accessory design
3 hours
3D making—sewing

Ravensbourne
University London

What you need

Fabric

You can use whatever fabrics you can find in your own home, it takes about 1/8th of a metre —if you don't have scraps of fabric old shirts are great for example, cotton cloth is best, ideally use fabric that is easy to sew and wash, so nothing too floppy, shiny or stiff, think about how it feels against your face.

Scissors

An iron

Pins

A sewing machine

Overview

We are living in difficult times and so the club cannot run as normal, however we would love to support you remotely with a series of fun art and design workshops, it seemed right that a face mask workshop should be the first one - these masks aren't 100% protective but have the benefit of stopping you touching your face if you are out and about, and of course also make people around you realise you are taking the situation seriously and therefore act responsibly.

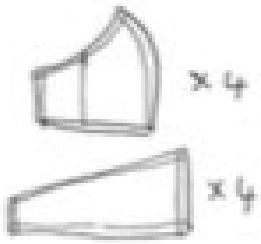
A lot of communities around the world are making similar masks and sharing them with family and friends so if you enjoy making yours consider making some extra.

Help

The masks are easy to make and if you run into difficulty then I am available to help between 10am–1pm through email: r.barton@rave.ac.uk

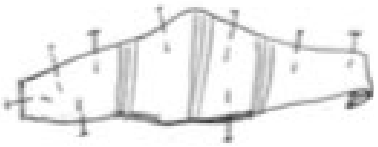
If you don't have a sewing machine then the masks can be hand sewn or even glued, and of course feel free to decorate, the more individual and creative you can be with them the better.

Instructions

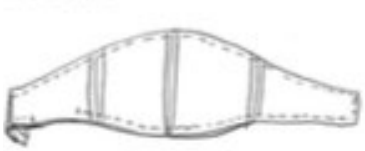


1. Cut out 4 of each piece, remember if your fabric is different on the back to flip your pattern

2. Attach the pieces together in strips so you have two masks and press the seams together

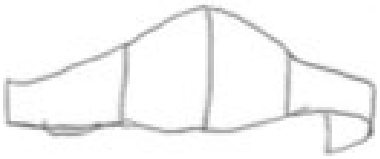


3. Put the two masks together (the side without the seams showing should be touching) and pin them all the way around



4. Stitch together all the way round leaving a gap on one of the strips where the lines are marked on the pattern (this is so you can turn the mast through) 1cm seam allowance

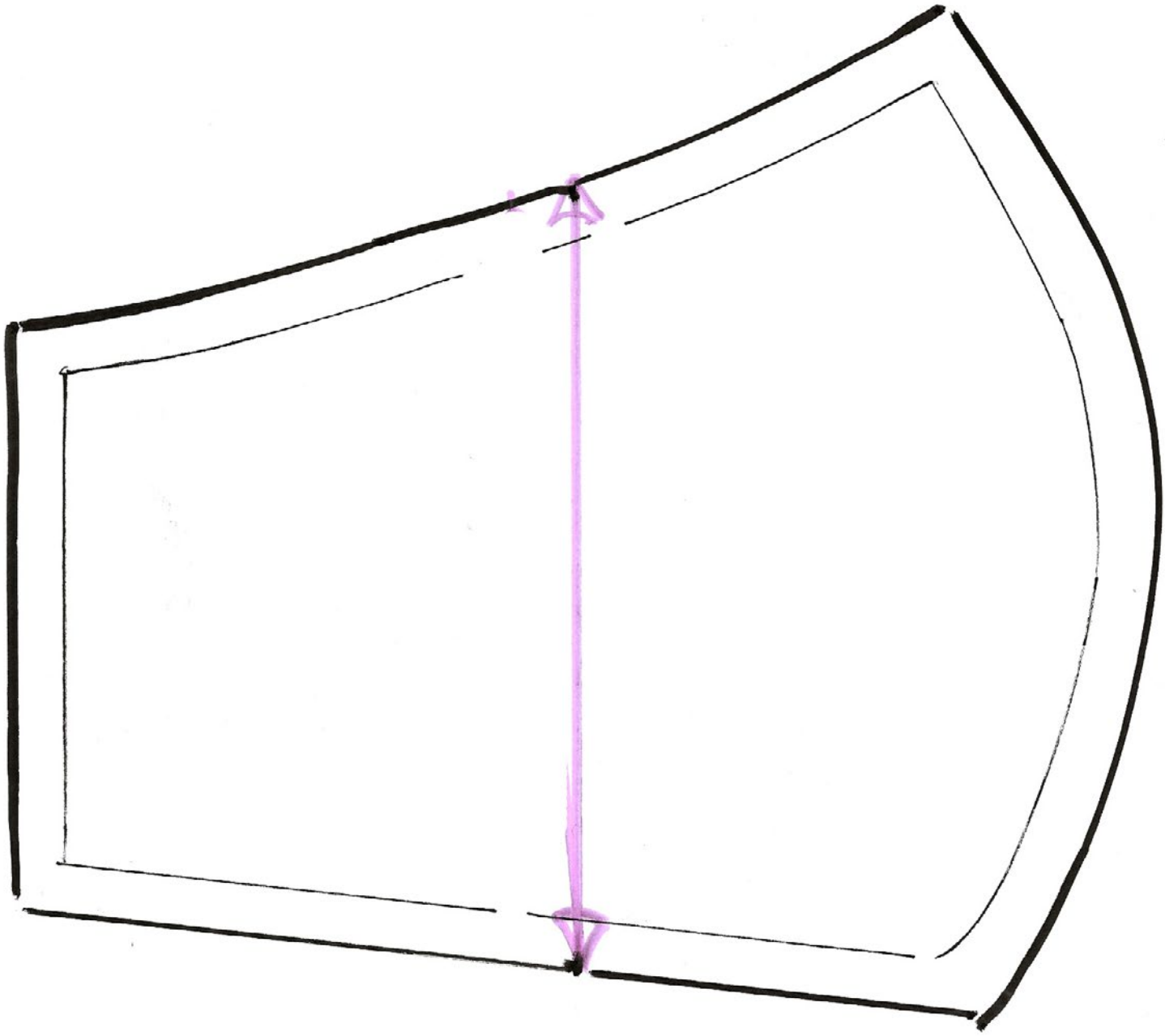
Instructions
(continued)



5. Turn the mask through to the right side through the small hole you left, and press with your iron so it lies nice and flat.

6. Stitch all the way around the edge of your mask—if you want, you can now decorate with beads, sequins etc.

7. Once you are done making your mask, please send me a picture (r.barton@rave.ac.uk) of you wearing it, so I can share it on the group's instagram page.

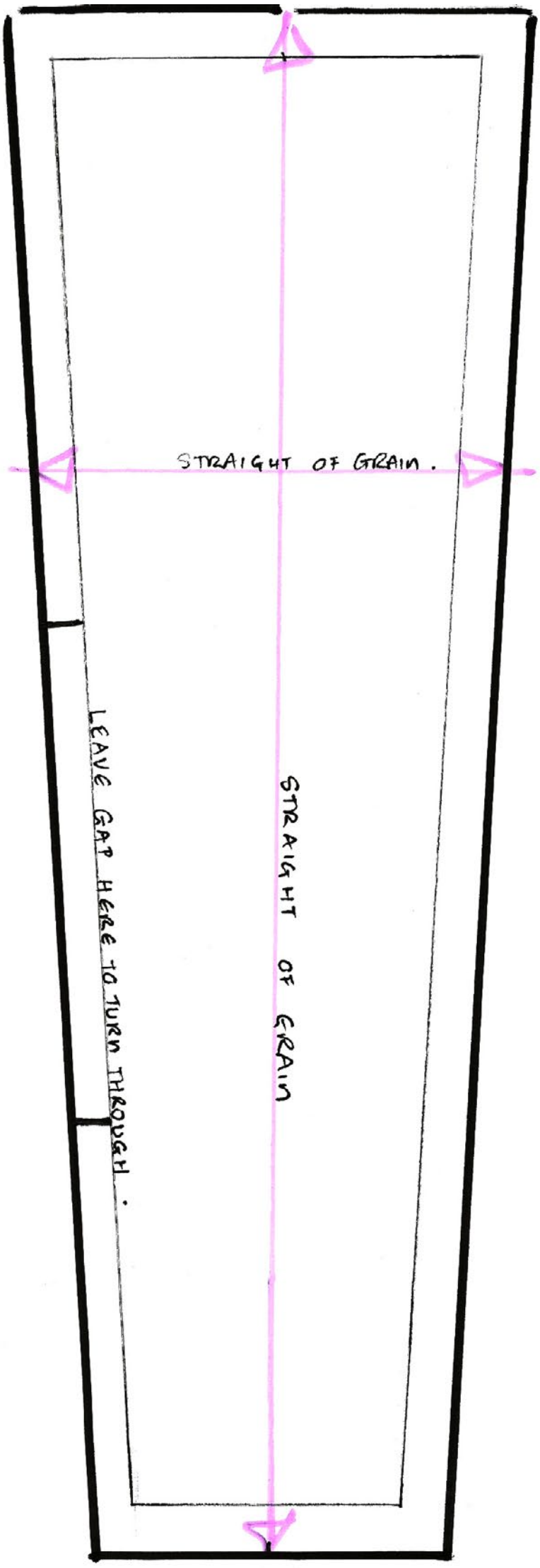


Face panel—cut x 4

If your fabric is different on the underside, cut 2 with this side up and 2 on the reverse.

There is 1cm seam allowance given.

please note this pattern piece will cut off when you print it so add 2-3 cm to the thinner end.



Ravensbourne Outreach tutors and students have produced a new series of online projects and courses to help you stay creative at home

If you'd like to find out more please visit our website makeit.ravensbourne.ac.uk or email us at outreach@rave.ac.uk

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